

CT MYELOGRAMS

WHAT TO EXPECT WITH YOUR UPCOMING PROCEDURE



What is a CT Myelogram?	● A myelogram is an injection of contrast into your spinal canal performed under image guidance by a radiologist ● After your injection, we will perform a CT scan to visualize your spinal canal
Before Your Procedure	● You will need to be screened by our CT Technologist ● We must have an up to date medication list as there are some medications that must be held before and after this procedure ● Things that will postpone your imaging : ○ If you have a current infection ○ If you have taken antibiotics in the previous 2 weeks ○ If you are taking blood thinners we will need clearance from your prescribing provider. Please ensure you have provided that information to us ○ If you have had a spinal steroid injection in the week prior.
Day of Procedure	● You will need a driver to and from the procedure ● There are no eating/drinking restrictions ● A responsible adult will need to be with you for 24 hours post procedure ● You will need to lay flat for 24 hours to avoid a spinal headache
Following the Procedure	● No heavy lifting for 3 days ● No flying for 32 hours ● Please hydrate as much as possible
Complications	● If you feel you are experiencing complications, please call us at 907-644-5379 to discuss with our Technologists. If we are unavailable, or it is outside our business hours, please present to the Emergency Room.



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