

DEXA BONE DENSITY

WHAT TO EXPECT WITH YOUR UPCOMING PROCEDURE



What is a DEXA Scan?	● A DEXA (Dual-Energy X-ray Absorptiometry) scan is a quick, painless imaging test that measures bone mineral density. It is the established standard for diagnosing osteoporosis, assessing fracture risk, and tracking the effectiveness of bone-building treatments.
Before Your Procedure	● DEXA scans are typically done every 365 days if you are undergoing bone health treatment ● If your insurance requires authorization, our team will obtain it. We also offer options for discounted cash pay scans.
Day of Procedure	● You may be asked to change into a gown/shorts ● There are no eating/drinking restrictions ● You will receive a questionnaire that goes over bone health history that needs to be completed prior to your scan
Following the Procedure	● Images are available immediately for your provider to review



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